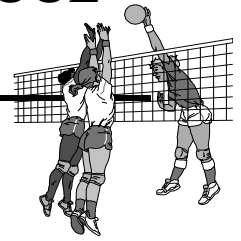




QUEEN OF ALL SAINTS ELEMENTARY SCHOOL

1405 Como Lake Avenue, Coquitlam, B.C. V3J 3P4

OFFICE: 604-931-9071 FAX: 604-931-9089



November 24, 2021

Dear Parents:

GIRLS'/BOYS' BASKETBALL

We are thrilled to announce that the CISVA will once again be offering a basketball program this year. Practices will begin December. Games will take place in January and February. The “Big Eight” finals for both girls and boys (Grades 6 and 7 only, no Grade 4/5 playoffs) will take place in early March.

While the season will take place, all schools have been asked to try to ensure the health and safety of all players. The CISVA Elementary Athletic Commission is limiting travel and there will be no spectators at games/tournaments.

When travelling and if carpooling is needed, players should wear a mask while in a vehicle.

We ask that you please carefully read through this notice and return the following to the school:

- **Informed consent/permission form (included in this email)**
- **Team uniform deposit (\$50.00)**

As with other extra-curricular sports, the object of the Basketball program is to provide an opportunity for the girls/boys to:

- participate in entry level team sports,
- develop a knowledge of the specific team sport and learn the basic skills needed to play the game
- Learn and practice teamwork, self-discipline and fair play.

Our program challenges both the individual athlete and the team to strive for excellence and develop the athletes' talents to the highest degree.

All parents are asked to review with their child what it means to be involved in team sports. This includes sportsmanship and respect of teammates and coaches. As well, parents need to help their child understand that playing time is affected by individual skill levels and abilities, experience playing this sport and cardiovascular conditioning. There is no guarantee of equal game playing time. It is also important that each child understands that she/he is a valuable member of the team regardless of her/his proficiency in this sport. At QAS School, we follow the *CISVA Philosophy of Athletics*. A copy is available at the office. **Important: If there is ever a problem or concern**

regarding any aspect of the Basketball Program, parents are to speak with the appropriate teacher/coach immediately.

The coaches have met with the athletes who expressed an interest in participating.

We would like to review what your daughter/son has been told:

SCHOOLWORK

1. Schoolwork comes first. To be involved on an extra-curricular team requires excellent time management skills to ensure that all school assignments are completed to the best of the student's ability.
2. After school extra-curricular games/practices should never be used as an excuse for incomplete homework assignments. Athletes, who are not able to keep up with their studies because of after school athletics, will be suspended from the team.
3. Athletes must exhibit good behavior in the classroom and on the court. They will be good teammates. Disrespect for other students and staff will not be tolerated. This includes, talking back, arguing, name calling, physical altercations, and the like. Athletes who are not able to "be safe, respectful, and responsible" both during the school day and when at basketball activities, will be suspended from the team.

PRACTICES

1. Students wishing to participate must attend the practices being held for their team. If the student is unable to attend practice for any reason, a note from the parent must be given to the coach as soon as possible. If practices are missed frequently or without a good reason, the *student's playing time will be shortened*. If the problem persists, the player will be suspended from the team.
2. Athletes are expected to bring a water bottle and be in QAS gym strip for all practices. Players who arrive late, or frequently miss practice, will not receive the same amount of playing time as those who show up on time and in proper gym strip.
3. It is expected that each player will listen carefully and give 100% during drills and practice sessions to improve individual skills. If a student continually disregards the coach's instructions or disrupts the practice, her/his behavior will result in suspension.
4. **Due to COVID-19, siblings and parents/guardians of athletes are not to attend practices or games.**

LEAGUE GAMES

1. A schedule of games will be distributed, once it is finalized.
2. QAS coaches do their best to play each team member during games. Due to the nature of sports in general, players cannot expect to receive exactly the same amount of playing time. Players are to wait their turn and cheer their teammates on during game play.

TEAM JERSEYS

1. All players will be given a team uniform to be worn during games/tournaments. It is the responsibility of the athlete to see that the jersey is washed regularly. (*Please wash jerseys in cold water and hang to dry.*) The jersey is not to be worn during practices or gym classes.
2. If an athlete forgets her/his jersey on game day, she/he will not be allowed to participate.
3. All athletes must fill out a uniform deposit form and submit a cheque to cover the loss of a lost or damaged jersey. This cheque (\$50.00) will be refunded at the end of the season when the uniform is returned in good, clean condition.

TRANSPORTATION

1. It is the responsibility of each parent to arrange transportation to and from practices and games/tournaments. Arrangements must be made among parents. Individual CISVA staff members cannot transport students. All teams will have games/tournaments at other Catholic schools (usually in our zone), and we will need parent drivers.
2. Parents are expected to pick up, or make arrangements for pick up, of their child at the game/tournament location, in a timely manner.

PERMISSION FORMS, ETC.

If you would like your daughter/son to join a Basketball team this year, please read and sign the *Permission/Informed Consent Form*. Please return the form, and your cheque for \$50.00, by **Friday, November 26, 2021**.

If you have any questions please speak to me.

Yours truly,
Miss Sandberg