

Proclaiming Our Faith

Sharing our Faith Story

From the Staff:

As part of living out this year's theme, we want to support you in your vocation as parents and faith leaders at home. In the classroom, we will be sharing our own "Faith Stories," and we hope our students will continue these meaningful conversations with you through our Family Faith Formation activities.

Why?

During our August staff retreat, Father Don invited us to reflect on our own faith journey, where we have come from, where we are now, and where God may be calling us next.

This reflection is also a meaningful opportunity to pause and have a conversation with your child about their own faith.



Family Faith Formation Opportunity

What?

- 3-4 times a year, we will be sending home Family Faith Activities for you to complete together.
- Prompts will be provided (ex: discussion questions or small activities).
- Activities will be sent home with your oldest child.
- An easy-to-use template will guide your family's reflection.
- More than one child at QAS? Only one reflection needs to be submitted.



But Jesus called the children to him and said,
"Let the little children come to me, and do not
hinder them, for the kingdom of God belongs
to such as these."
Luke 18:16

How?



Make the time to reflect and share your Faith journey with your children.



Complete ONE family reflection to submit at school.



Return your reflection to school by the due date.

October Reflection

Prayer

This month we will take some time to discuss Prayer with our families. Please see the following ideas to begin a discussion with your family.

- How, where and when do we pray?
- What are some prayers that we say OR can say as a family?
- How does prayer make us feel?



We will also provide a variety of resources and websites for you to look through for further exploration and information:

The Purposeful Mom: This website offers insightful faith filled stories, suggestions and activities for busy family life.

<https://thepurposefulmom.com/31-powerful-prayers-to-pray-for-your-family-members.html>