



Family Reflection

This month we will take some time to discuss how we show someone that we love them. Please take some time to think about and discuss the following questions:

How do we show someone we love them?

- Say kind words, like “I love you” or “thank you”
- Help others with little things at home or at school
- Listen carefully and pay attention to others
- Forgive someone who hurt you
- Spend time together and have fun

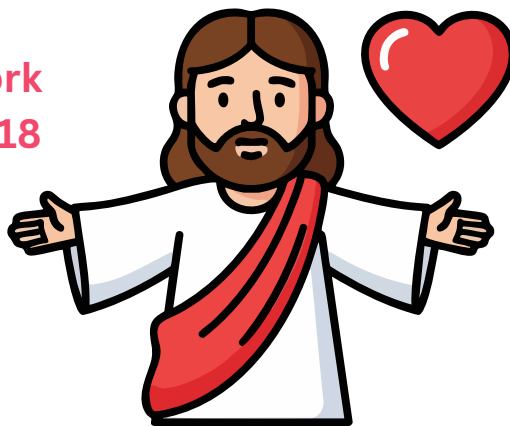
Who taught us how to love?

- God teaches us the greatest love
- Jesus showed us how to love by being kind, helping people, and caring for everyone
- Our family, friends, and teachers help us learn to love too
- The Holy Spirit helps us make good choices and be kind

What is one way we can show love this week?

- Pray for someone who needs help
- Do a kind deed for a family member or friend
- Say sorry or forgive someone
- Share something you have with someone in need
- Spend time with someone and show them care

Family Homework
Due: February 18



Family time:

February is the month of the Holy Family. Take sometime to check out formed.org for some inspiring movies and documentaries as a family!

How?



Make the time to reflect and share your Faith journey with your children.



Complete ONE family reflection to submit at school.



Return your reflection to school by the due date.

